

HARP SYMPOSIUM 2023

# Soothing Harps

the power to heal

Sunday

19 November

10am - 3.00pm

Royal Irish

Academy of Music

Hands-on workshops, presentations and performances with Jessica Harris, Dominic Cogan, William Jackson, Mary Louise O'Donnell, Teresa O'Donnell, Aisling Ennis

arts  
council  
íomhaire  
ealaíon

funding  
traditional arts



An Chomhairle Oidhreachta  
The Heritage Council

**RIAM**  
Royal Irish  
Academy of Music

- 10am Registration/Meet and Greet
- 10.20 Welcome  
**Aibhlín McCrann**, Chair Cruit Éireann | Harp Ireland
- 10.25 Keynote Address: Setting the Context  
**Jessica Harris** RIAM
- 10.55 Presentation:  
Using the Harp in a Music Therapy setting  
**William Jackson** (Music Therapist and Harper)
- 11.30 Q&A
- 11.35 Presentation:  
Shared Experience: Performance and Practice  
**Dr Mary Louise O'Donnell** and **Dr Teresa O'Donnell**  
(Harpers)
- 12.05 Q&A
- 12.15 Refreshment Break
- 12.45 Workshop for Harpers  
Music and Mindfulness: A therapeutic partnership  
for performers and audiences  
**Dominic Cogan** (Mindfulness and Wellbeing Facilitator)
- 14.20 Presentation  
Shared Experience: Performance and Practice  
**Aisling Ennis** (Harper-Composer)
- 14.50 Q&A
- 15.00 Ends